

Nursing Services
Chippewa Falls School District
7th Grade Physical Education

Student Name

Parent or Guardian

Listed below are the activities for 7th grade Physical Education. Please indicate if there is an activity that your child may not participate in. In the space provided below, please indicate the reason and length of time your child will need to be excused. **A Physician/Health care provider's signature is necessary to excuse your child from an activity.**

7th Grade Units

___ Archery

___ Badminton

___ FITT for Life (Weight lifting and Cardio Machines)

___ Football

___ Health

___ Mini Unit (Big Base, Benchball, Superball and Water Games)

___ Outdoor Recreation (Bean Bags, Kubb, KanJam, and GaGa Ball)

___ Soccer

___ Swimming (Instructional)

___ Team Building (Rock wall and Cooperative Games)

___ Volleyball and Basketball

OTHER COMMENTS/RESTRICTIONS:

Date

Signature of Physician or Health Care Provider